







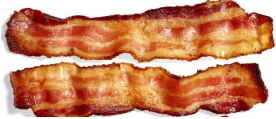


December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:45 Exercise Group @ PHMH 1:00 Bowling	2  National Fritters Day
3  National Roof Over Your Head Day	4 10:30 Walking @ Y 2:30 Health & Wellness - Christmas Shopping on a Budget	5 10:00 Pathways to Wellness 5:00 Peace of Mind	6 10 - 11:30 Creative Circles @ Augustana Church	7 1:30 Leisure Club - Library	8 10:45 Exercise Group @ PHMH 1:00 Bowling	9  National Pastry Day
10 Dr. Martin Luther King Jr. received the Nobel Peace Prize. (1964)	11 10:30 Walking @ Y 2:30 Health & Wellness - Personal Safety	12 10:00 Pathways to Wellness 5:00 Peace of Mind	13  Ice Cream Day	14 1:30 Leisure Club - Walking @ Columbia Mall	15 Christmas Birthday Club	16  National Chocolate Covered Anything Day
17 National Maple Syrup Day	18 10:30 Walking @ Y 2:30 Health & Wellness - Healthy Mind & Body Tips	19 10:00 Pathways to Wellness 5:00 Peace of	20 10 - 11:30 Creative Circles @ Augustana Church	21 1:30 Leisure Club - Make Christmas Fudge	22 10:45 Exercise Group @ PHMH 1:00 Bowling	23 The transistor was invented by U.S. physicists John Bardeen, Walter H. Brittain, and William Shockley. (1947)
24 	25 	26 9:00 Client Advisory Mtg. 10:00 Pathways to Wellness 5:00 Peace of	27  Make Cut Out Snowflakes Day	28 1:30 Leisure Club - Farkle	29 10:45 Exercise Group @ PHMH 1:00 Bowling	30  Bacon Day
31 NEW YEAR'S EVE						