










2018 Activities



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 	2 10:00 Pathways to Wellness 5:00 Peace of Mind	3 10 - 11:30 Creative Circles @ Augustana Church	4 1:30 Leisure Club - <i>Library</i>	5 10:45 Exercise Group @ PHMH 1:00 Bowling	 <p>January 6 is Cuddle Up Day.</p>
7 National Bath Safety Month	8 10:30 Walking @ Y Center 2:30 Health & Wellness - <i>Food Safety</i>	9 10:00 Pathways to Wellness 5:00 Peace of Mind	10 Nat'l Hobby Month 	11 1:30 Leisure Club - <i>Sign making with Jenna</i>	12 10:45 Exercise Group @ PHMH 1:00 Bowling	13 International Skeptics Day
14 Dress Up Your Pet Day	15 CLOSED  <p>Martin Luther King Jr. Day</p>	16 10:00 Pathways to Wellness 5:00 Peace of Mind	17 10 - 11:30 Creative Circles @ Augustana Church	18 1:30 Leisure Club - <i>Game Day</i>	19 Noon Birthday Club	20 Penguin Awareness Day 
21 Squirrel Appreciation Day 	22 10:30 Walking @ Y Center 2:30 Health & Wellness - <i>Laundry Skills</i> 5 :00 Movie Night	23 10:00 Pathways to Wellness 5:00 Peace of Mind	24 Compliment Day	25 1:30 Leisure Club - <i>Cabin Fever Reliever</i>	26 10:45 Exercise Group @ PHMH 1:00 Bowling	27 Chocolate Cake Day
28 Hot Tea Month 	29 10:30 Walking @ Y 2:30 Health & Wellness - <i>Daily Living Quiz</i>	30 9:00 Client Advisory Mtg. 10:00 Pathways to Wellness 5:00 Peace of Mind	31 