

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 				1	2	3
				1:30 Leisure Club - Library	10:45 Exercise Group @ PHMH 1:00 Bowling	
4	5	6	7	8	9	10
Irish American Heritage Month 	10:30 Walking @ Y 2:30 Health & Wellness - <i>What's in it for me? Healthy Choices</i>	10:00 Pathways to Wellness 5:00 Peace of Mind	10 - 11:30 Creative Circles @ Augustana Church	1:30 Leisure Club - <i>Hobby Lobby</i>	Birthday Club	Middle Name Pride Day <i>What is Your Middle Name?</i>
11	12	13	14	15	16	17
	10:30 Walking @ Y 2:30 Health & Wellness - <i>It's all on the Label</i>	10:00 Pathways to Wellness 5:00 Peace of Mind		1:30 Leisure Club - <i>Morgan's Choice</i>	10:45 Exercise Group @ PHMH 1:00 Bowling	
18	19	20	21	22	23	24
	10:30 Walking @ Y 2:30 Health & Wellness - <i>What do I do? Emergency Situations</i> 5 Movie Night	10:00 Pathways to Wellness 5:00 Peace of Mind	10 - 11:30 Creative Circles @ Augustana Church	1:30 Leisure Club - <i>Craft Project</i>	10:45 Exercise Group @ PHMH 1:00 Bowling	National Chocolate Covered Raisins Day 
25	26	27	28	29	30	31
National Waffle Day 	10:30 Walking @ Y 2:30 Health & Wellness - <i>My Plate Pursuit Game</i>	9:00 Client Advisory Mtg. 10:00 Pathways to Wellness 5:00 Peace of Mind		1:30 Leisure Club - <i>Nutter Butter Chicks</i>	Good Friday PHMH is CLOSED	