

| Sun  | Mon   | Tue  | Wed  | Thu  | Fri   | Sat  |
|--|---|--|--|--|---|--|
|                                   |   | <p>1</p> <p>10:00 Pathways to Wellness</p> <p>5:00 Peace of Mind</p>                                   | <p>2</p> <p>10 - 11:30 Creative Circles @ Augustana Church</p>   | <p>3</p> <p>1:30 Leisure Club - <i>Bingo</i></p>                                       | <p>4</p> <p>10:45 Exercise Group @ PHMH</p> <p>1:00 Bowling</p>                       |   |
| <p>6</p>                           | <p>7</p> <p>10:30 Walking @ Y</p> <p>2:30 Health &amp; Wellness - <i>Safety First</i></p>                                   | <p>8</p> <p>10:00 Pathways to Wellness</p> <p>5:00 Peace of Mind</p>                                   | <p>9 <b>Wild Flower Week</b></p>                     | <p>10</p> <p>1:30 Leisure Club - <i>Library</i></p>                                    | <p>11</p> <p>10:45 Exercise Group @ PHMH</p> <p>1:00 Bowling</p>                      | <p>12 <b>National Windmill Day</b></p>  |
| <p>13 <b>Leprechaun Day</b></p>  | <p>14</p> <p>10:30 Walking @ Y</p> <p>2:30 Health &amp; Wellness - <i>Dangers of Obesity</i></p>                            | <p>15</p> <p>10:00 Pathways to Wellness</p> <p>5:00 Peace of Mind</p>                                  | <p>16</p> <p>10 - 11:30 Creative Circles @ Augustana Church</p>  | <p>17</p> <p>1:30 Leisure Club - <i>Games</i></p>                                      | <p>18</p> <p>Birthday Club Noon</p>   |                                        |
| <p>20</p>                        | <p>21</p> <p>10:30 Walking @ Y</p> <p>2:30 Health &amp; Wellness - <i>Sodium &amp; Your Health</i></p> <p>5 Movie Night</p> | <p>22</p> <p>10:00 Pathways to Wellness</p> <p>5:00 Peace of Mind</p>                                  | <p>23</p> <p><b>CELEBRATE LUCKY PENNY DAY</b></p>  | <p>24</p> <p>1:30 Leisure Club - <i>Wooden Letters</i></p>                             | <p>25</p> <p>10:45 Exercise Group @ PHMH</p> <p>1:00 Bowling</p>                      |                                       |
| <p>27</p>                        | <p>28 <b>CLOSED</b></p>                  | <p>29</p> <p>9:00 Client Advisory Mtg.</p> <p>10:00 Pathways to Wellness</p> <p>5:00 Peace of Mind</p> | <p>30</p>    | <p>31</p> <p>1:30 Leisure Club - <i>Would You Rather &amp; Other Choice Games.</i></p> |  |  |