

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <h1>2018</h1> <h1>August</h1>			1 10 - 11:30 Creative Circles @ Augustana Church	2 1:30 Leisure Club - <i>Community Garden</i>	3 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	4 Admit You're Happy Month
5 Work Like a Dog Day 	6 10:30 Walking @ Y 2:30 Health & Wellness - <i>Managing Your Wardrobe</i>	7 10:00 Pathways to Wellness at <i>Community Garden</i> 5:00 Peace of Mind	8 National Eye Exam Month 	9 9:00 - Maple Lake Trip PHMH Office CLOSED	10 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	11 Son & Daughter Day 
12 National Smile Week 	13 10:30 Walking @ Y 2:30 Health & Wellness - <i>Let's Get Organized</i> 5 Movie Night	14 10:00 Pathways to Wellness at <i>PHMH</i> 5:00 Peace of Mind	15 10 - 11:30 Creative Circles @ Augustana Church	16 1:30 - 4:00 Leisure Club - " <i>A Peach-iations</i> " <i>Party at Community Garden</i> **Includes Harvest Homes	17 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	18 Peach Month 
19 National Honey Bee Awareness Day 	20 10:30 Walking @ Y 2:30 Health & Wellness - <i>Eye Health</i>	21 10:00 Pathways to Wellness at <i>Community Garden</i> 5:00 Peace of Mind	22 Water Quality Month	23 1:30 - 4:00 Leisure Club - <i>"Swimming at Riverside Pool</i> **Includes Harvest Homes	24 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	25 National Park Service Founders Day
26 National Dog Day 	27 10:30 Walking @ Y 2:30 Health & Wellness - <i>To The Garden</i>	28 9:00 Client Advisory Mtg. 10:00 Pathways to Wellness at <i>PHMH</i> 5:00 Peace of Mind	29 More Herbs Less Salt Day 	30 1:30 - 2:30 Client In-service Training - SAFETY SOLUTIONS by CPL Jon Lampi - PHMH Basement	31 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	What's the difference between a well dressed man on a bike and a poorly dressed man on a unicycle? Attire.