

Sun

Mon

Tue

Wed

Thu

Fri

Sat



2018

1
Fall Hat Month

2
National
Courtesy Month

3
CLOSED
LABOR DAY

4
10:00 Pathways
to Wellness at
*Community
Garden*

5:00 Peace of

5
10 - 11:30
Creative Circles
@ Augustana
Church

6
1:30 Leisure Club
-Hobby Lobby
(meet at store)

7
10:45 Road to
Healthy Living @
PHMH

1:00 Bowling

8
Self
Improvement
Month

9
Teddy Bear Day

10 10:30 Walking
@ Y

2:30 Health &
Wellness -
Courtesy

5 Movie Night

11
10:00 Pathways
to Wellness @
PHMH

5:00 Peace of
Mind

12
Chocolate
Milk
Shake
Day

13
1:30 Leisure Club
*- Pizza & Garden
Party @ PHMH*
(made w/ garden
produce)

14
10:45 Road to
Healthy Living @
PHMH

1:00 Bowling

15
HAPPY CHICKEN MONTH!

16
Collect
Rocks Day

17
10:30 Walking
@ Y

2:30 Health &
Wellness -
Batman Day

18
10:00 Pathways
to Wellness @
PHMH

5:00 Peace of
Mind

19
10 - 11:30
Creative Circles
@ Augustana
Church

20
1:30 Leisure Club
*-Grand Forks
Library*
(meet there)

21
Noon Birthday
Club @ PHMH

22
HAPPY HOBBIT DAY!

23
Autumn Equinox

24
10:30 Walking
@ Y

2:30 Health &
Wellness -
Citizenship

25 9:00 Client
Advisory Mtg.
10:00 Pathways
to Wellness @ PHMH

5:00 Peace of
Mind

26
Johnny
Appleseed Day

27 1 - 3 Pumpkin
Patch & Ponies
on the Point at
Point Paradise
Stables, EGF
RSVP by 9/24

28
10:45 Road to
Healthy Living @
PHMH

1:00 Bowling

29
Better Breakfast
Month

30
National
Mud Pack Day

September