


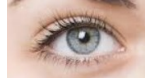






Sun	Mon	Tue	Wed	Thu	Fri	Sat
					¹ 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	²  International Festival of OWLS
³ International Ear Care Day 	⁴ 10:30 Walking @ Y 2:30 Emotion Wellness– What Is An Emotion?	⁵ 10:00 Pathways to Wellness @ PHMH 5:00 Peace of	⁶ 10 - 11:30 Creative Circles @ Augustana Church	⁷ 1:30 Leisure Club – <i>Personalized Canvas Tote Bags @ PHMH</i>	⁸ 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	⁹ Save Your Vision Month 
¹⁰ National Agriculture Week	¹¹ 10:30 Walking @ Y 2:30 Health & Wellness - I've Got The Blues 5:00 Movie Nigh	¹² 10:00 Pathways to Wellness @ PHMH 5:00 Peace of	¹³ Deaf History Month	¹⁴ 1:30 Leisure Club— <i>St. Patty's Party @ PHMH</i>	¹⁵ Birthday Club @ 11:30 River Cinema 18	¹⁶ Corn Dog Day 
¹⁷ 	¹⁸ 10:30 Walking @ Y 2:30 Health & Wellness - I'm So Mad	¹⁹ 10:00 Pathways to Wellness @ PHMH 5:00 Peace of	²⁰ 10 - 11:30 Creative Circles @ Augustana Church	²¹ 1:30 Leisure Club— <i>Mandala Art @ PHMH</i>	²² 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	²³ Poison Prevention Awareness Month 800-222-1222
²⁴ National Cleaning Week	²⁵ 10:30 Walking @ Y 2:30 Health & Wellness - Happy, Happy, Happy	²⁶ 9:00 Client Advisory Board 10:00 Pathways to Wellness @ PHMH 5:00 Peace of Mind	²⁷ World Theatre Day	²⁸ 1:30 Leisure Club— <i>Board Games @ PHMH</i>	²⁹ 10:45 Road to Healthy Living @ PHMH 1:00 Bowling	³⁰ Pencil Day 
³¹ National Crayon Day 	<p>History of St. Patrick's Day: The March 17 celebration started in 1631 when the Church established a Feast Day honoring St. Patrick. He had been Patron Saint of Ireland who had died around the fifth century . Wearing green shirts and leprechaun costumes on St. Patrick's Day are traditions that started in the 17th century, when people wore green ribbons and shamrocks on March 17 to honor Ireland's patron saint. Pinching people who didn't wear green reminded them that leprechauns could sneak up on them at any time.</p>					