



# MOUNTAINBROOKE 2022

## Announcements:

Member's meeting will take place Friday, May 6<sup>th</sup> at 9:00 AM. Member's Meetings are held the first Friday of the month.

We will be closed on Monday, May 30<sup>th</sup> in observance of Memorial Day.

We are open from 5-7 PM on the last Friday of the month



\*Masks, handwashing, distancing, and other safety precautions in place.

### Mental Health Hotlines:

211

800-273-8255

112 North 3<sup>rd</sup> Street  
Grand Forks, North Dakota 58203  
P: (701) 746-4530

### Hours:

Mon.: 8:00 – 4:00  
Tues.: 8:00 – 4:00  
Wed.: 8:00 – 12:00; 4:00 – 8:00  
Thurs.: 8:00 – 4:00  
Fri.: 8:00 – 4:00

E: [mountainbrookegf@gmail.com](mailto:mountainbrookegf@gmail.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Closed	2 10:00 Current Events 11:00 Mother's Day craft	3 10:00 Peer Support 1:00 Walk the Greenway	4 10:00 Recovery Ed: NEHSC Hours: 8:00 – 12:00 4:00 – 8:00	5 10:00 Peer Support 1:00 Tomato Todo w/ Jerry Cinco de Mayo	6 9:00 Member's Meeting 10:00 Loteria w/ Jerry V.	7 Closed
8 Closed	9 10:00 Current Events 11:00 Yoga	10 10:00 Peer Support 1:00 Cards	11 10:00 Recovery Ed: CVIC 5:00 Birthday Celebration Hours: 8:00 – 12:00 4:00 – 8:00	12 10:00 Peer Support 1:00 Tomato Todo w/ Jerry	13 10:00 Life Skills: TBD	14 Closed
15 Closed	16 10:00 Current Events 11:00 Fire Safety	17 10:00 Peer Support 1:00 Movie (EGF) *Time may vary	18 10:00 Recovery Ed: TBD Hours: 8:00 – 12:00 4:00 – 8:00	19 10:30 NAMI 1:00 Walk Downtown	20 10:00 Life Skills: Budgeting w/ NDSU 11:00 Loteria w/ Jerry V.	21 Closed
22 Closed	23 10:00 Current Events 11:00 Memorial Day craft	24 10:00 Peer Support 1:00 Walk the Greenway	25 10:00 Recovery Ed: TBD Hours: 8:00 – 12:00 4:00 – 8:00	26 10:00 Peer Support 1:00 Tomato Todo w/ Jerry	27 10:00 Life Skills: Summer Safety	28 Closed
29 Closed	30 Closed Memorial Day	31 10:00 Peer Support 1:00 Movie (EGF)				