



MOUNTAINBROOKE JULY 2022

Announcements:

Member's meeting will take place Friday, July 1st at 9:00 AM. Member's Meetings are held the first Friday of the month at 9 AM.

We will be hosting a picnic at Riverside Park (1801 N 1st St) on **Friday, July 8th at noon**. Food and beverage will be provided. Transportation will not be provided.

Mental Health Hotlines:

211
800-273-8255

Please see new hours listed.

112 North 3rd Street
Grand Forks, North Dakota 58203
P: (701) 746-4530

Hours:
Monday-Friday
8:00 AM – 4:00 PM

E: mountainbrookegf@gmail.com



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:00 Member's Meeting 10:00 Loteria w/ Jerry V.	2 Closed
3 Closed	4 Closed In observance of Independence Day	5 10:00 Peer Support 1:00 Movie (MTB)	6 10:00 Recovery Ed: NEHSC 11:00 Wii	7 10:00 Food Bank 10:30 Peer Support	8 12:00 PICNIC at Riverside Park	9 Closed
10 Closed	11 10:00 Current Events 11:00 A Flag Your Way (DIY flags)	12 10:00 Peer Support 1:00 Pokémon Go Walk	13 10:00 Recovery Ed: Paranoia 11:00 Cards & Games	14 10:00 Food Bank 10:30 Peer Support	15 10:00 Life Skills: How to Get What You Want 11:00 Loteria w/ Jerry V.	16 Closed
17 Closed	18 10:00 Current Events 11:00 Birdhouse Painting	19 10:00 Peer Support 1:00 Movie (EGF)	20 10:00 Recovery Ed: Nutrition and Health w/ Chelsea (NDSU) 11:00 Pool	21 10:00 Food Bank 10:30 NAMI	22 10:00 Life Skills: Grocery Hacks 1:00 Tomato Todo w/ Jerry	23 Closed
24 Closed	25 10:00 Current Events 11:00 Card Games	26 10:00 Peer Support 1:00 Movie (MTB)	27 10:00 Recovery Ed: Delusional Disorder- What is it? 11:00 Walk Downtown	28 10:00 Food Bank 10:30 Peer Support	29 10:00 Life Skills: Communication Skills 11:00 Loteria w/ Jerry V.	30 Closed
31 Closed						